**2025 Region 2 Division 1 - REGIONAL MEET INFORMATION**

**Where**: Galbreath Gym

9009 S Broadway ST, Joshua, Tx 76058

**When**: March 8th (Saturday)

**Weigh-In**: Early weigh-in, Friday (March 7th) evening 5-7:30 p.m.

AM Late weigh-in, Saturday (March 8th) 6:00-7:30 a.m. (Possible Adjust Time)

**Meet**: Judges meeting, 8:00

Coaches meeting, 8:30

National Anthem, 8:58

Lifting Begins at 9:00

**Platform Breakdown**:

* Platform 1 Flight 1-114, Flight 2-123, Flight 3-132
* Platform 2 Flight 1-148, Flight 2-165, Flight 3-181
* Platform 3 Flight 1-198, Flight 2-220, Flight 3-242
* Platform 4 Flight 1-275, Flight 2-308, Flight 3-SHW

**How the Meet Operates:** To Be Determined

**Entry Fee**: $35.00 per lifter, bring check with you. If you do not have a check, then your lifter will not be allowed to compete.DO NOT MAIL YOUR CHECKS, PLEASE!

Checks should be made to: **JHS Powerlifting**

**Meal Deal for Lifters:** Our Concession stand will have a breakfast menu and a lunch menu.

**Admission**: Link will be published on the Website at a later date. Tickets will be Online

**Weight Declarations**: Weight declarations for lifters in multiple weight classes must be made by Monday, Feb. 24th by 4:00 PM. If you do not make declaration by this time, any lifter in question will be placed in the heavier weight class.

**Spelling or Duplicate Lifters:** If you have a spelling error or a duplicate lifter in the top 12 rankings, then it is your obligation to notify the Director.

**Alternates**: If you know you will have a lifter not competing, please let me know as soon as possible. Please check the website daily for changes. Plan on bringing alternates. You never know! If you bring Alternates, make sure you have them on a separate check, I will not be making change at our table for alternates.

**THSPA Forms**: (Must Bring with You)

1. Eligibility Form
2. Release Form

Both can be found in the “Documents” section of the THSPA website.

**Scholarship Applications**: Please turn in at registration.

**Last Chance Qualifying Meets**: All results must be in by midnight Feb. 22nd.

**Wrappers**: Each School will be limited to how many Wrappers they can bring. Total of no more than 1 wrapper per lifter but not exceeding 3 wrappers. For Example; School has 1 lifter, then that school will bring and 1 wrapper. School brings 15 lifters then that school brings 3 wrappers

**Coaches**:

Only School Employed coaches are allowed to be in the competition area. Any non-School coaches will be asked to leave the Floor. Each School will be handed 2 wrist bands, this will gain access to the floor, and hospitality area.

It will be like this at State, so we will do it like this at Regionals.

If I can help in any way, here is contact information:

Jason Payne

Email: paynej@joshuaisd.org